

Item	Ingredients	Top 8 Allergens and Gluten
Apples	Apples,Fuji	None
Baked Beans	Vegetarian Baked Beans (PREPARED NAVY BEANS, WATER, BROWN SUGAR, SALT, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, PAPRIKA, TURMERIC), MODIFIED CORN STARCH, ONION POWDER, CARAMEL COLOR, SPICES, GARLIC POWDER, AND NATURAL FLAVOR.), Sugar,Brown,Golden (2 Lb. Bags) (BROWN CANE SUGAR), Mustard,Yellow,Heinz,104 Oz Jug (DISTILLED WHITE VINEGAR, MUSTARD SEED, WATER, SALT, TURMERIC, NATURAL FLAVOR AND SPICES.)	None
Bananas	Banana	None
Beef Taco Meat	Ground Beef (GROUND BEEF), Water , Tomatoes,Canned,Grounded Peeled in Puree (VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT.), Beef Taco Seasoning (Spice,Chili Powder,Mild- 6# Jug (CHILI PEPPER AND OTHER SPICES, SALT, CUMIN, DRIED GARLIC), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT.), Spice,Paprika,Ground,Smoked (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING)), Spice,Onion Powder,Large Jug (DRIED ONION), Spice,Garlic,Granulated (DRIED GARLIC), Spice,Cumin,Ground-MDL (CUMIN SEED), Spice,Pepper,Cayenne (RED PEPPER), Spice,Oregano,Leaf (OREGANO).	None
Black Beans	Black Beans,Low Sodium (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT)), Water , Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT.), Spice,Cumin,Ground-MDL (CUMIN SEED), Spice,Garlic,Granulated (DRIED GARLIC), Spice,Pepper,White,Ground (WHITE PEPPER).	None
Breakfast Sandwich	White Whole Grain Bagel (WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, MALT EXTRACT (CORN AND BARLEY), SALT, CORN MEAL, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), VEGETABLE OIL (SOYBEAN), MONOGLYCERIDES, GUAR GUM. May contain: Sesame.), Egg Patty-MET (Eggs,Patty,Cooked,Frozen), Cheese,Cheddar,Sliced-MET (Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, AND ANNATTO (VEGETABLE COLOR).CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED).	Eggs, Gluten, Milk, Sesame, Soy, Wheat
Brown Rice Pilaf	Brown Rice (BROWN RICE), cp Matchstick Carrots, cp Onions,Yellow, 1/4" Small Dice, cp Celery,Jumbo,1/8" Fine Dice, Vegetable Base (SAUTEED VEGETABLE PUREE MIX (CARROTS, ONIONS, CELERY), SALT, SUGAR, MALTODEXTRIN, CORN OIL, 2% OR LESS OF YEAST EXTRACT, WATER, POTATO STARCH, XANTHAN GUM, NATURAL FLAVORS, CARROT JUICE CONCENTRATE.), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT.), Water.	None
Cantaloupe	Cantaloupe	None
Carrots	Carrots,Sliced,Crinkle Cut,Frozen (CARROTS)	None
Cheddar Cheese Slice	Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, AND ANNATTO (VEGETABLE COLOR).	Milk
Cheese Pizza	Nardone Bros.Cheese Pizza,Whole Wheat,CN (CHEESE: LOW MOISTURE-PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, NATAMYCIN). CRUST: WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, CONTAINS 2% OR LESS OF: VITAL WHEAT GLUTEN, SUGAR, SALT, YEAST. SAUCE: TOMATOES (WATER, TOMATO PASTE), CONTAINS 1% OF LESS OF ONION, SALT, SPICES, GARLIC POWDER, SOYBEAN OIL, XANTHAN GUM. MAY CONTAIN SOY.), Cornmeal (DEGERMINATED YELLOW CORN MEAL, NIACIN (ONE OF THE B VITAMINS), REDUCED IRON, THIAMIN MONONITRATE (ONE OF THE B VITAMINS), RIBOFLAVIN (ONE OF THE B VITAMINS), FOLIC ACID (ONE OF THE B VITAMINS).	None

Cheese Sauce	Milk,E vaporated, #10 Can-MDL (MILK, DIPOTASSIUM PHOSPHATE, CARRAGEENAN (VITAMIN D3). Cheese. Processed, Shredded.Land O'Lakes /CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SALT, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, ANNATTO EXTRACT AND APO-CAROTENAL (COLORS). ENZYMES. POWDERED CELLULOSE (ANTICAKING)]. Water, Corstarch (CORN STARCH). Hot Sauce,Franks, 1 Gallon Jug (AGED CAYENNE RED PEPPER, DISTILLED VINEGAR, WATER, SALT, GARLIC POWDER). Sodium Citrate-SpOrd (SODIUM CITRATE).	Milk
Chicken Patty Clementines	Whole Grain Breaded Chicken Patty (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, VEGETABLE PROTEIN PRODUCT [SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE (B1), PYRIDOXINE HYDROCHLORIDE (B6) RIBOFLAVIN (B2) AND CYANOCABALAMIN (B12)], DRIED WHOLE EGG. CONTAINS 2% OR LESS OF SALT, RICE STARCH, ONION POWDER, GARLIC POWDER, YEAST EXTRACT, NATURAL FLAVORS, MALTODEXTRIN, SPICE, CITRIC ACID. BREADED WITH: WHOLE WHEAT FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), SALT, SOYBEAN OIL, SPICES, ONION POWDER, GARLIC POWDER, CORN STARCH, SODIUM BICARBONATE, NATURAL EXTRACTIVES OF ANNATTO SEED, MALTED BARLEY FLOUR, YEAST, DEXTROSE, MALT SYRUP (MALTED BARLEY, CORN), YEAST EXTRACT, CITRIC ACID, FLAVOR (SOYBEAN OIL, NATURAL EXTRACTIVES OF CHILI PEPPERS, POLYGLYCEROL ESTERS OF FATTY ACIDS), BREADING SET IN VEGETABLE OIL). Clementines	Eggs, Gluten, Soy, Wheat None
Coleslaw Corn Diced Tomatoes	Cabbage,Coleslaw Mix (GREEN CABBAGE, SHREDDED CARROT, SHREDDED RED CABBAGE.), Hellman's Regular Mayonnaise (SOYBEAN OIL, WATER, WHOLE EGGS AND EGG YOLKS, DISTILLED VINEGAR, SALT, SUGAR, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA (USED TO PROTECT QUALITY). NATURAL FLAVORS), Vinegar,White,Distilled (WHITE DISTILLED VINEGAR AND FILTERED WATER), Sugar,Granulated,25# (GRANULATED BEET SUGAR), cp Onions,Yellow, 1/4" Small Dice, Mustard,Dijon, 24 Oz. Jar, (Grey Poupon) (DISTILLED WHITE VINEGAR, MUSTARD SEED, WATER, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, FRUIT PECTIN, SUGAR, SPICES , Spice,Celery Salt (SALT, CELERY SEED.), Kosher Salt (SALT, YELLOW PRUSSIAE OF SODA (AN ANTI CAKING AGENT.), Spice,Pepper,White,Ground (WHITE PEPPER). Corn,Whole Kernel,Frozen (CORN).	Alcohol, Eggs, Soy None None
Graham Crackers Grape Tomatoes Green Beans	Honey Graham Crackers (GRAHAM FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, CANOLA OIL, CORN SYRUP, HONEY, MOLASSES, CONTAINS TWO PERCENT OR LESS OF CALCIUM CARBONATE, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BHT FOR FRESHNESS, SOY LECITHIN.) Grape Tomatoes Green Beans	Gluten, Soy, Wheat None None
Herb Roasted Chicken Breast	Chicken,Fresh 4 Oz Breast,Halal (CHICKEN BREAST FILLET WITH RIB MEAT WITH UP TO 4% RETAINED WATER.), Lemon Juice (LEMON JUICE), Kosher Salt (SALT, YELLOW PRUSSIAE OF SODA (AN ANTI CAKING AGENT.), Extra Virgin Olive Oil (EXTRA VIRGIN OLIVE OIL.), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER), Rosemary (ROSEMARY), Spice,Paprika,Ground,Smoked (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING))).	None
Mandarin Oranges	Mandarin Oranges	None

Marinara Sauce	Marinara Sauce [Canned Tomatoes (VINE-RIPENED FRESH TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), Tomato Strips (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Tomato Puree (VINE RIPENED TOMATOES, SALT, CITRIC ACID), Water, YELLOW ONION, CARROTS, SUGAR, EXTRA VIRGIN OLIVE OIL, Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT)), Garlic (GARLIC, WATER, CITRIC ACID (PRESERVATIVE)). CONTAINS NATURALLY OCCURRING SULFITES), BLACK PEPPER, OREGANO, BASIL, BAY LEAVES.	None
Matchstick Carrots	Matchstick Carrots	None
Meatballs with Marinara	Meatball,Chicken,Frozen,1 Oz. - Tyson (GROUND CHICKEN, WATER, TEXTURED SOY PROTEIN CONCENTRATE, WHEAT FLOUR, CONTAINS 2% OR LESS OF DEXTROSE, GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVORS, ONION POWDER, SALT, SOYBEAN OIL, SPICE, SUGAR, TORULA YEAST, YEAST, YEAST EXTRACT.)	Gluten, Soy, Wheat
Mini Corn Dogs	Corn Dog,Chicken,Whole Grain,Mini (BATTER: WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR, FRIED IN VEGETABLE OIL. CHICKEN FRANK: MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF SALT, SPICES, POTASSIUM LACTATE, POTASSIUM ACETATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE.)	Eggs, Gluten, Soy, Wheat
Red Grapes	Red Grapes	None
Red Peppers	Red Peppers	None
Refried Beans	Water, Beans,Refried,Vegetarian,Dehydrated (PINTO BEANS, SALT, PALM OIL).	None
Roasted Zucchini and Squash	cp Zucchini,3/4" Large Dice, cp Squash,Yellow,3/4" Large Dice, Canola Oil (CANOLA OIL), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT.), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER).	None
Romaine Lettuce	Romaine Lettuce	None
Shredded Cheddar Cheese	Shredded Cheddar Cheese (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE).	Milk
Skim Milk	FAT FREE SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3.	Milk
Sliced Peaches	Sliced Peaches (PEACHES, WATER, PEAR JUICE CONCENTRATE.)	None
Sliced Pears	Sliced Pears (PEARS, WATER, PEAR JUICE FROM CONCENTRATE.)	None
Steamed Broccoli Florets	Broccoli Florettes	None
Strawberries	Strawberries	None
Strawberry Banana Yogurt	Strawberry Banana Yogurt (CULTURED GRADE A LOW FAT MILK, SUGAR, STRAWBERRIES, MODIFIED FOOD STARCH, WATER, BANANA PUREE, CONTAINS 1% OR LESS OF: CORN STARCH, TRICALCIUM PHOSPHATE, NATURAL FLAVOR, PECTIN, CARMINE (FOR COLOR), KOSHER GELATIN, VITAMIN A ACETATE, VITAMIN D3.)	
Sweet Potato Tots	*Be sure to review individual label. Different flavors may have slightly different ingredients if we need to send a sub due to GFS out of stock Potatoes,Sweet,Tater Puffs (SWEET POTATOES, SUGAR, CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), RICE FLOUR, SALT, DEXTRIN, PEA STARCH, NATURAL FLAVOR, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), COLOR (TURMERIC OLEORESIN PAPRIKA), DEXTROSE, XANTHAN GUM).	Gelatin, Milk None

Sweet Potato Vegetable Hash	Seasoned Sweet Potato Cubes, Frozen (SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA, SUNFLOWER), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), SUGAR, SALT, DEXTRIN, SPICES, CORN STARCH, RICE FLOUR, GARLIC POWDER, ONION POWDER, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), DRIED YEAST, OLEORESIN PAPRIKA, XANTHAN GUM, NATURAL FLAVOR.), cp Peppers,Red,1/4" Small Dice , cp Zucchini,1/4" Small Dice, cp Onions,Red, 1/4" Small Dice, Canola Oil (CANOLA OIL), Chopped Garlic in Water,Refrigerated,Tub (GARLIC, WATER, CITRIC ACID (PRESERVATIVE). CONTAINS NATURALLY OCCURRING SULFITES.), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER).	None
Taco Shells	Taco Shells (WHOLE GRAIN CORN, WATER, VEGETABLE OIL (COTTONSEED, CORN, AND/OR SUNFLOWER)	None
Tortilla Chips	Corn Tortilla Chips (WHOLE GRAIN CORN, WATER, VEGETABLE OIL (COTTONSEED, CORN, AND OR SUNFLOWER), SALT.)	None
Turkey Burger	Patty,Turkey,4 Oz.,Frozen (TURKEY, WOODFIRE GRILL SEASONING [SALT, ONION POWDER, MALTODEXTRIN, SPICE, GRILL FLAVOR (FROM SUNFLOWER OIL)], NATURAL FLAVORING.)	None
Whole Grain Bosco Sticks	Bosco Sticks,Whole Grain,2 Oz. (FLOUR BLEND [WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID)], WATER, GOLDEN BROWN SUGAR (SUGAR, MOLASSESS), CORN OIL, SALT, YEAST, SORBITAN MONOSTEARATE, CHEESES: MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), REDUCED FAT/REDUCED SODIUM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, CHEESE CULTURE, SALT, POTASSIUM CHOLORIDE, NATURAL FLAVORS, ANNATTO, VITAMIN A PALMITATE, ENZYMES).	Gluten, Milk, Wheat
Whole Wheat Hamburger Bun	Bun,Hamburger,51% Whole Grain,4",Frozen (WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, WHEAT BRAN, WHOLE GRAIN ROLLED OATS, SALT, RYE FLOUR, MOLASSES, BARLEY FLAKES, VINEGAR, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.)	Gluten, Sesame, Soy, Wheat