

Item Name	Ingredients	Allergens & Gluten
Apples	FUJI APPLES	None
Avocado	HAAS AVOCADOES	None
Baby Carrots	BABY CARROTS	None
Baked Beans	Vegetarian Baked Beans (PREPARED NAVY BEANS, WATER, BROWN SUGAR, SALT, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, PAPRIKA, TURMERIC), MODIFIED CORN STARCH, ONION POWDER, CARAMEL COLOR, SPICES, GARLIC POWDER, AND NATURAL FLAVOR.), Sugar,Brown,Golden (2 Lb. Bags) (BROWN CANE SUGAR ), Mustard,Yellow,Heinz,104 Oz Jug (DISTILLED WHITE VINEGAR, MUSTARD SEED, WATER, SALT, TURMERIC, NATURAL FLAVOR AND SPICES.)	None
Baked Ziti	Red Lentil Pasta-Cooked in Units (Pasta,Penne,Red Lentil-MDL (RED LENTIL FLOUR, WHITE RICE, PEA PROTEIN ), CSC Sauce,Marinara, Diced Mozzarella Cheese (LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES), BRICK CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), ANTICAKE (POWDERED CELLULOSE) ), Diced Mozzarella Cheese (LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES), BRICK CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), ANTICAKE (POWDERED CELLULOSE)	Milk
Bananas	BANANA	None
Beef Taco Meat	Ground Beef (GROUND BEEF), Water , Tomatoes,Canned,Grounded Peeled in Puree (VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT. ), Beef Taco Seasoning (Spice,Chili Powder,Mild- 6# Jug (CHILI PEPPER AND OTHER SPICES, SALT, CUMIN, DRIED GARLIC ), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Spice,Paprika,Ground,Smoked (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING)), Spice,Onion Powder,Large Jug (DRIED ONION), Spice,Garlic,Granulated (DRIED GARLIC), Spice,Cumin,Ground-MDL (CUMIN SEED), Spice,Pepper,Cayenne (RED PEPPER ), Spice,Oregano,Leaf (OREGANO).	None

Black Beans	Black Beans,Low Sodium (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT) ), Water , Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Spice,Cumin,Ground-MDL (CUMIN SEED), Spice,Garlic,Granulated (DRIED GARLIC), Spice,Pepper,White,Ground (WHITE PEPPER).	None
Breakfast Sandwich	White Whole Grain Bagel (WHOLE WHEAT FLOUR, WATER, SUGAR, WHEAT GLUTEN, YEAST, MALT EXTRACT (CORN AND BARLEY), SALT, CORN MEAL, PRESERVATIVES (CALCIUM PROPIONATE, SORBIC ACID), VEGETABLE OIL (SOYBEAN), MONOGLYCERIDES, GUAR GUM. May contain: Sesame. ), Egg Patty-MET (Eggs,Patty,Cooked,Frozen), Cheese,Cheddar,Sliced-MET (Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, AND ANNATTO (VEGETABLE COLOR).CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED).	Eggs, Gluten, Milk, Sesame, Soy, Wheat
Brown Rice	BROWN RICE, WATER	None
Brown Rice Pilaf	Brown Rice (BROWN RICE), cp Matchstick Carrots, cp Onions,Yellow, 1/4" Small Dice, cp Celery,Jumbo,1/8" Fine Dice, Vegetable Base (SAUTEED VEGETABLE PUREE MIX (CARROTS, ONIONS, CELERY), SALT, SUGAR, MALTODEXTRIN, CORN OIL, 2% OR LESS OF YEAST EXTRACT, WATER, POTATO STARCH, XANTHAN GUM, NATURAL FLAVORS, CARROT JUICE CONCENTRATE.), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Water.	None
Cantaloupe	CANTALOUPE	None
Carrots	CARROTS	None
Celery Sticks	CELERY	None

Cheese Pizza	<p>Nardone Bros.Cheese Pizza,Whole Wheat,CN (CHEESE: LOW MOISTURE-PART SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES, NATAMYCIN). CRUST: WATER, WHOLE WHEAT FLOUR, ENRICHED FLOUR (MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, CONTAINS 2% OR LESS OF: VITAL WHEAT GLUTEN, SUGAR, SALT, YEAST. SAUCE: TOMATOES (WATER, TOMATO PASTE), CONTAINS 1% OF LESS OF ONION, SALT, SPICES, GARLIC POWDER, SOYBEAN OIL, XANTHAN GUM. MAY CONTAIN SOY. ), Cornmeal (DEGERMINATED YELLOW CORN MEAL, NIACIN (ONE OF THE B VITAMINS), REDUCED IRON, THIAMIN MONONITRATE (ONE OF THE B VITAMINS), RIBOFLAVIN (ONE OF THE B VITAMINS), FOLIC ACID (ONE OF THE B VITAMINS).</p>	Gluten, Milk, Soy, Wheat
Cheese Sauce	<p>Milk,E vaporated, #10 Can-MDL (MILK, DIPOTASSIUM PHOSPHATE, CARRAGEENAN (VITAMIN D3). Cheese. Processed, Shredded.Land O'Lakes /CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SALT, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, ANNATTO EXTRACT AND APO-CAROTENAL (COLORS). ENZYMES. POWDERED CELLULOSE (ANTICAKING) ]. Water, Corstarch (CORN STARCH). Hot Sauce,Franks, 1 Gallon Jug (AGED CAYENNE RED PEPPER, DISTILLED VINEGAR, WATER, SALT, GARLIC POWDER). Sodium Citrate-SpOrd (SODIUM CITRATE).</p>	Milk
Cheddar Cheese Slice	<p>Cheddar Cheese (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES, AND ANNATTO (VEGETABLE COLOR).</p>	Milk

Water , Poultry Gravy Mix (MALTODEXTRIN, CONSTARCH, WHEY, DRIED COOKED MECHANICALLY SEPARATED CHICKEN, MODIFIED CORNSTARCH, HYDROLYZED CORN, SOY AND WHEAT PROTEIN, CHICKEN FAT, SOYBEAN OIL, SKIM MILK, PALM OIL, DRIED ONIONS, XANTHAN GUM, YEAST EXTRACT, SODIUM CASEINATE, DISODIUM INOSINATE, BETA CAROTENE (FOR COLOR), LACTIC ACID, POTASSIUM PHOSPHATE, SUGAR, CALCIUM LACTATE, NATURAL FLAVORS, PARSLEY, DEXTROSE, BUTTER FLAVOR (WHEY, ENZYME MODIFIED BUTTER OIL & DEHYDRATED BUTTER, CORN SYRUP SOLIDS, SALT, GUAR GUM, ANNATTO & TURMERIC COLOR), CARAMEL COLOR, SPICE, SALT, GUM ACACIA, TURMERIC (FOR COLOR), CITRIC ACID.)

Chicken Gravy

Gluten, Milk, Soy, Wheat

Chicken,Patty, Breaded,CN,GFS (CHICKEN BREAST WITH RIB MEAT, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], AND CYANOCOBALAMIN [B12]), SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SALT, SODIUM PHOSPHATE, HYDROLYZED CORN PROTEIN, AUTOLYZED YEAST EXTRACT, DEHYDRATED ONION, SPICES, NATURAL FLAVORS, SPICE EXTRACTIVE. BREADED AND BATTERED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: SALT, MODIFIED FOOD STARCH, EXTRACTIVES OF PAPRIKA AND ANNATTO, SPICES, NATURAL FLAVORS, DEXTROSE, SPICE EXTRACTIVE. SET IN VEGETABLE OIL.)

Chicken Patty

Gluten, Soy, Wheat

Chicken Strips	<p>Chicken Strip,WG,Brakebush 5843 (Met/CC) (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN WITH LESS THAN 2% SOY LECITHIN, SEASONING (MODIFIED CORN STARCH, DEHYDRATED GARLIC, DEHYDRATED ONION, MALTODEXTRIN, SALT, SODIUM PHOSPHATES. BREADED WITH WHOLE WHEAT FLOUR, WHOLE GRAIN YELLOW CORN FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, WHEAT GLUTEN, SOYBEAN OIL, SALT, DRIED ONION, DRIED GARLIC, CORN STARCH, POTASSIUM CHLORIDE, SPICES, DRIED YEAST, CITRIC ACID, SUGAR, PAPRIKA EXTRACT (COLOR), TURMERIC EXTRACT (COLOR).</p>	Gluten, Soy, Wheat
Chicken Taco Meat	<p>Diced Chicken Breast (WHITE DICED COOKED CHICKEN MEAT), Water , Tomatoes,Canned,Grounded Peeled in Puree (VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT. ), Beef Taco Seasoning (Spice,Chili Powder,Mild- 6# Jug (CHILI PEPPER AND OTHER SPICES, SALT, CUMIN, DRIED GARLIC ), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Spice,Paprika,Ground,Smoked (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING)), Spice,Onion Powder,Large Jug (DRIED ONION), Spice,Garlic,Granulated (DRIED GARLIC), Spice,Cumin,Ground-MDL (CUMIN SEED), Spice,Pepper,Cayenne (RED PEPPER ), Spice,Oregano,Leaf (OREGANO).</p>	None

Ground Beef, Kidney Beans (DARK RED KIDNEY BEANS, WATER, SUGAR, SALT, None CALCIUM CHLORIDE), Black Beans [PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT)] Tomato Juice [TOMATO JUICE FROM CONCENTRATE (WATER, TOMATO CONCENTRATE FROM VINE RIPENED TOMATOES), SALT, CITRIC ACID\*, VITAMIN C (ASCORBIC ACID\*)], Pinto Beans [PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (A FIRMING AGENT)], Tomato Strips (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Yellow Onion, Green Peppers, Diced Green Chiles (GREEN CHILE PEPPERS, WATER, SALT, CITRIC ACID, CALCIUM CHLORIDE), Lime Juice (FILTERED WATER, KEY WEST LIME JUICE FROM CONCENTRATE SODIUM BENZOATE AS A PRESERVATIVE, LIME OIL), Kosher Salt [SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT)], Granulated Garlic, Chili Powder [CHILI PEPPER, SALT, CUMIN, OREGANO, SILICON DIOXIDE (ADDED TO MAKE FREE FLOWING), AND GARLIC], Black Pepper, Cumin, Cayenne Pepper

Chili

Clementines

Clementines

None

Cabbage, Coleslaw Mix (GREEN CABBAGE, SHREDDED CARROT, SHREDDED RED CABBAGE. ), Hellman's Regular Mayonnaise (SOYBEAN OIL, WATER, WHOLE EGGS AND EGG YOLKS, DISTILLED VINEGAR, SALT, SUGAR, LEMON JUICE CONCENTRATE, CALCIUM DISODIUM EDTA (USED TO PROTECT QUALITY). NATURAL FLAVORS), Vinegar, White, Distilled (WHITE DISTILLED VINEGAR AND FILTERED WATER), Sugar, Granulated, 25# (GRANULATED BEET SUGAR), cp Onions, Yellow, 1/4" Small Dice, Mustard, Dijon, 24 Oz. Jar, (Grey Poupon) (DISTILLED WHITE VINEGAR, MUSTARD SEED, WATER, SALT, WHITE WINE, CITRIC ACID, TARTARIC ACID, FRUIT PECTIN, SUGAR, SPICES ), Spice, Celery Salt (SALT, CELERY SEED.), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Spice, Pepper, White, Ground (WHITE PEPPER).

Coleslaw

Corn

CORN

Alcohol, Eggs, Soy

None

<p>Cornbread Poppers Diced Tomatoes Edamame</p>	<p>Corn Bread Bites,Frozen (WHOLE WHEAT FLOUR AND WHOLE GRAIN CORN FLOUR BLEND (WHOLE WHEAT FLOUR, WHOLE GRAIN CORN FLOUR), WATER, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEGERMED YELLOW CORN MEAL, SOYBEAN OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), EGG YOLKS, DEFATTED SOY FLOUR, WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, SKIM MILK, POTATO FLOUR, MALTODEXTRIN, SALT, MONOGLYCERIDES, PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, SODIUM STEAROYL LACTYLATE, SODIUM CASEINATE (A MILK DERIVATIVE), DATEM.) ROMA TOMATOES SOYBEANS</p>	<p>Eggs, Gluten, Milk, Soy, Wheat None Soy</p>
<p>Graham Crackers Frito's Grape Tomatoes Green Beans Green Peppers</p>	<p>Honey Graham Crackers (GRAHAM FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, CANOLA OIL, CORN SYRUP, HONEY, MOLASSES, CONTAINS TWO PERCENT OR LESS OF CALCIUM CARBONATE, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BHT FOR FRESHNESS, SOY LECITHIN.) Corn Chips (CORN, CORN OIL, SALT.) GRAPE TOMATOES GREEN BEANS GREEN PEPPERS</p>	<p>Gluten, Soy, Wheat None None None None</p>

Hamburger Bun	Bun,Hamburger,51% Whole Grain,4",Frozen (WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, WHEAT BRAN, WHOLE GRAIN ROLLED OATS, SALT, RYE FLOUR, MOLASSES, BARLEY FLAKES, VINEGAR, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.)	Gluten, Sesame, Soy, Wheat
Hamburger Patty	Patty,Burger (BEEF, CONTAINS 2% OR LESS OF: SALT, MALTODEXTRIN, NATURAL EXTRACTIVES OF SPICE, DEXTROSE, NATURAL FLAVORS, SPICE, CITRIC ACID)	None
Herb Roasted Chicken	Chicken,Fresh 4 Oz Breast,Halal (CHICKEN BREAST FILLET WITH RIB MEAT WITH UP TO 4% RETAINED WATER.), Lemon Juice (LEMON JUICE), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT. ), Extra Virgin Olive Oil (EXTRA VIRGIN OLIVE OIL . ), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER), Rosemary (ROSEMARY), Spice,Paprika,Ground,Smoked (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING)	None
Hummus	Classic Hummus (COOKED CHICKPEAS (CHICKPEAS, WATER), WATER, OLIVE OIL, SESAME TAHINI, CONTAINS 2% OR LESS OF: LEMON JUICE, SALT, GARLIC PUREE (GARLIC, CITRIC ACID AND ASCORBIC ACID), CITRIC ACID, SPICES.)	Sesame
Ketchup	TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING	None
Lasagna	CSC Lasagna, Diced Mozzarella Cheese (LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, SALT, ENZYMES), BRICK CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES), ANTICAKE (POWDERED CELLULOSE).	Eggs, Gluten, Milk, Wheat



<b>Mac &amp; Cheese</b>	<p>MILK,2% GALLON (REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3), WHOLE WHEAT MACARONI PASTA (WHOLE WHEAT DURUM FLOUR, DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID. MAY CONTAIN EGG), SHREDDED CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), AMERICAN CHEESE SLICES (MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ENZYMES, SOY LECITHIN, COLOR ADDED), UNSALTED BUTTER (PASTEURIZED CREAM, NATURAL FLAVORINGS), SHREDDED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE), ENRICHED UNBLEACHED FLOUR (UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), KOSHER SALT (SALT, YELLOW PRUSSIAE OF SODA (AN ANTI CAKING AGENT), DRY MUSTARD SPICE (MUSTARD FLOUR), GROUND WHITE PEPPER (WHITE PEPPER).</p>	Eggs, Milk, Wheat, Gluten, Soy
Mandarin Oranges	<p>Mandarin Oranges (WHOLE MANDARIN ORANGE SEGMENTS, WATER, PEAR JUICE CONCENTRATE.</p>	None
Marinara Sauce	<p>Marinara Sauce [Canned Tomateos (VINE-RIPENED FRESH TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), Tomato Strips (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Tomato Puree (VINE RIPENED TOMATOES, SALT, CITRIC ACID), Water, YELLOW ONION, CARROTS, SUGAR, EXTRA VIRGIN OLIVE OIL, Kosher Salt (SALT, YELLOW PRUSSIAE OF SODA (AN ANTI CAKING AGENT), Garlic (GARLIC, WATER, CITRIC ACID (PRESERVATIVE). CONTAINS NATURALLY OCCURING SULFITES), BLACK PEPPER, OREGANO, BASIL, BAY LEAVES.</p>	None

Mashed Potatoes	Water, Instant Mashed Potatoes (IDAHO® POTATOES, SALT, SUNFLOWER OIL, NONFAT DRY MILK, MONOGLYCERIDES, CALCIUM STEAROYL LACTYLATE, SPICE, ARTIFICIAL COLOR, NATURAL AND ARTIFICIAL FLAVORS. FRESHNESS PRESERVED BY SODIUM ACID PYROPHOSPHATE, SODIUM BISULFITE, CITRIC ACID AND MIXED TOCOPHEROLS.)	Milk
Matchstick Carrots	MATCHSTICK CARROTS	None

Marinara Sauce [Canned Tomatoes (VINE-RIPENED FRESH TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), Tomato Strips (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Tomato Puree (VINE RIPENED TOMATOES, SALT, CITRIC ACID), Water, YELLOW ONION, CARROTS, SUGAR, EXTRA VIRGIN OLIVE OIL, Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT), Garlic (GARLIC, WATER, CITRIC ACID (PRESERVATIVE)). CONTAINS NATURALLY OCCURING SULFITES), BLACK PEPPER, OREGANO, BASIL, BAY LEAVES.

Meatballs with Marinara	TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED SOY FLOUR, SEASONING [WHEAT FLOUR, SPICES, SALT, HYDROLYZED SOY PROTEIN, CONTAINS LESS THAN 2% OF PAPRIKA, ONION POWDER, GARLIC POWDER, NONFAT DRY MILK, PAPRIKA EXTRACT, AND CAMEL COLOR], SOY PROTEIN CONCENTRATE, CORN SYRUP SOLIDS, ROMANO CHEESE FROM COW'S MILK [CULTURED MILK, ENZYMES, SALT], DEHYDRATED ONIONS, ISOLATED SOY PRODUCT, AND SODIUM PHOSPHATE.	Gluten, Soy, Wheat, Milk
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Mini Corn Dogs	<p>Corn Dog,Chicken,Whole Grain,Mini (BATTER: WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR, FRIED IN VEGETABLE OIL. CHICKEN FRANK: MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF SALT, SPICES, POTASSIUM LACTATE, POTASSIUM ACETATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE.).</p>	Eggs, Gluten, Soy, Wheat
Mustard	<p>Mustard (DISTILLED WHITE VINEGAR, WATER, MUSTARD SEED, MUSTARD BRAN, SALT, CONTAINS 2% OR LESS OF TURMERIC, PAPRIKA, SPICES, NATURAL FLAVOR).</p>	None
Orange Quarters	<p>ORANGES</p>	None
Pasta in Sauce	<p>Marinara Sauce [Canned Tomatoes (VINE-RIPENED FRESH TOMATOES, TOMATO PUREE, SALT, CITRIC ACID), Tomato Strips (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Tomato Puree (VINE RIPENED TOMATOES, SALT, CITRIC ACID), Water, YELLOW ONION, CARROTS, SUGAR, EXTRA VIRGIN OLIVE OIL, Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT), Garlic (GARLIC, WATER, CITRIC ACID (PRESERVATIVE). CONTAINS NATURALLY OCCURRING SULFITES), BLACK PEPPER, OREGANO, BASIL, BAY LEAVES], 100% WHOLE WHEAT DURUM FLOUR. MANUFACTURED IN A FACILITY THAT USES EGGS.</p>	Wheat and Gluten
Pineapple	<p>PINEAPPLE</p>	None

Ranch	Ranch (SOYBEAN OIL, WATER, RANCH SEASONING & SPICES (SUGAR, CULTURED NONFAT BUTTERMILK, NATURAL FLAVOR [INCLUDES MILK, SOYBEAN], SPICES, DRIED GARLIC, DRIED ONION, MONOSODIUM GLUTAMATE, XANTHAN GUM, FOOD STARCH MODIFIED, CONTAINS LESS THAN 2% OF DISODIUM PHOSPHATE, DISODIUM INOSINATE, DISODIUM GUANYLATE, CALCIUM DISODIUM EDTA TO PROTECT FLAVOR, EGG YOLKS, CONTAINS LESS THAN 2% OF SALT, DISTILLED VINEGAR, PHOSPHORIC ACID, NATURAL AND ARTIFICIAL FLAVOR (INCLUDES MILK, CELERY SEED), MONOSODIUM GLUTAMATE, SORBIC ACID (A PRESERVATIVE)	Eggs, Milk, Possible Sesame , Soy
Red Grapes	RED GRAPES	None
Red Peppers	RED PEPPERS	None
Refried Beans	Water , Beans,Refried,Vegetarian,Dehydrated (PINTO BEANS, SALT, PALM OIL)	None
Roasted Zucchini and Squash	cp Zucchini,3/4" Large Dice, cp Squash,Yellow,3/4" Large Dice, Canola Oil (CANOLA OIL), Kosher Salt (SALT, YELLOW PRUSSATE OF SODA (AN ANTI CAKING AGENT.), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER).	None
Salsa	TOMATO PUREE (WATER, TOMATO PASTE FROM VINE-RIPENED TOMATOES), DICED TOMATOES IN TOMATO JUICE, JALAPENOS, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF: NATURAL FLAVOR, DEHYDRATED ONION, SALT, DEHYDRATED GARLIC, SPICES.-----FIRE ROASTED TOMATOES, TOMATO PUREE, DICED JALAPENO PEPPERS, DICED ANAHEIM PEPPERS, SEA SALT, DEHYDRATED ONIONS, CITRIC ACID, SPICES, ACETIC ACID, DEHYDRATED GARLIC, CALCIUM CHLORIDE.	None
Shredded Lettuce	ROMAINE LETTUCE	None
Shredded Cheddar Cheese	Shredded Cheddar Cheese (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE).	Milk
Skim Milk	FAT FREE SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3.	Milk
Sliced Peaches	Sliced Peaches (PEACHES, WATER, PEAR JUICE CONCENTRATE.)	None
Sliced Pears	Sliced Pears (PEARS, WATER, PEAR JUICE FROM CONCENTRATE.)	None
Steamed Broccoli Florets	BROCCOLI FLORETTES	None
Strawberries	STRAWBERRIES	None

	<p>Strawberry Banana Yogurt (CULTURED GRADE A LOW FAT MILK, SUGAR, STRAWBERRIES, MODIFIED FOOD STARCH, WATER, BANANA PUREE, CONTAINS 1% OR LESS OF: CORN STARCH, TRICALCIUM PHOSPHATE, NATURAL FLAVOR, PECTIN, CARMINE (FOR COLOR), KOSHER GELATIN, VITAMIN A ACETATE, VITAMIN D3.)</p>	
Strawberry Banana Yogurt	<p>*Be sure to review individual label. Different flavors may have slightly different ingredients if we need to send a sub due to GFS out of stock</p>	Gelatin, Milk
Sweet Potato Tots	<p>Potatoes,Sweet,Tater Puffs (SWEET POTATOES, SUGAR, CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), RICE FLOUR, SALT, DEXTRIN, PEA STARCH, NATURAL FLAVOR, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), COLOR (TURMERIC OLEORESIN PAPRIKA), DEXTROSE, XANTHAN GUM).</p>	None
Sweet Potato Vegetable Hash	<p>Seasoned Sweet Potato Cubes, Frozen (SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA, SUNFLOWER), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), SUGAR, SALT, DEXTRIN, SPICES, CORN STARCH, RICE FLOUR, GARLIC POWDER, ONION POWDER, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), DRIED YEAST, OLEORESIN PAPRIKA, XANTHAN GUM, NATURAL FLAVOR. ), cp Peppers,Red,1/4" Small Dice , cp Zucchini,1/4" Small Dice, cp Onions,Red, 1/4" Small Dice, Canola Oil (CANOLA OIL), Chopped Garlic in Water,Refrigerated,Tub (GARLIC, WATER, CITRIC ACID (PRESERVATIVE). CONTAINS NATURALLY OCCURING SULFITES. ), Spice,Pepper,Black,Restaurant Grind (BLACK PEPPER).</p>	None

TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED SOY FLOUR, SEASONING [WHEAT FLOUR, SPICES, SALT, HYDROLYZED SOY PROTEIN, CONTAINS LESS THAN 2% OF PAPRIKA, ONION POWDER, GARLIC POWDER, NONFAT DRY MILK, PAPRIKA EXTRACT, AND CARAMEL COLOR], SOY PROTEIN CONCENTRATE, CORN SYRUP SOLIDS, ROMANO CHEESE FROM COW'S MILK [CULTURED MILK, ENZYMES, SALT], DEHYDRATED ONIONS, ISOLATED SOY PRODUCT, AND SODIUM PHOSPHATE.SAUCE, SWEET, & SOUR, YING'S (PINEAPPLE JUICE, WATER, SUGAR, LEMON JUICE, TOMATO PASTE, CORN STARCH, SPICES.)

Sweet and Sour Meatballs

GROUND CHICKEN, WATER, TEXTURED SOY PROTEIN CONCENTRATE, WHEAT FLOUR, CONTAINS 2% OR LESS OF DEXTROSE, GARLIC POWDER, MALTODEXTRIN, NATURAL FLAVORS, ONION POWDER, SALT, SOYBEAN OIL, SPICE, SUGAR, TORULA YEAST, YEAST, YEAST EXTRACT.

Soy, Gluten, Wheat, and Milk

Three Bean Chili	<p>KIDNEY BEANS (DARK RED KIDNEY BEANS, WATER, SALT, CALCIUM CHLORIDE (FIRMING AGENT) 1. BLACK BEANS LOW SODIUM (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT] 1. PINTO BEANS.CANNED (PREPARED PINTO BEANS, WATER, SALT, CALCIUM CHLORIDE (A FIRMING AGENT]). CANNED TOMATO STRIPS (VINE RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID). TOMATO JUICE (TOMATO JUICE FROM CONCENTRATE (WATER, TOMATO CONCENTRATE FROM VINE RIPENED TOMATOES), SALT, CITRIC ACID*, VITAMIN C ASCURBIC ACID*   1. CP ONIONS YELLOW, 1/4" SMALL DICE, CP PEPPERS GREEN,1/4" SMALL DICE, CORN, WHOLE KERNEL, FROZEN (CORN), DICED GREEN CHILES (GREEN CHILE PEPPERS, WATER, SALT, CITRIC ACID, CALCIUM CHLORIDE). JUICE.KEY LIME.CONCENTRATE-MDL (FILTERED WATER. KEY WEST LIME JUICE FROM CONCENTRATE SODIUM BENZOATE AS A PRESERVATIVE, LIME OIL ), CANOLA OIL (CANOLA OIL), KOSHER SALT (SALT, YELLOW PRUSSATE OF SODA [AN ANTI CAKING AGENT. ], SPICE.GARLIC.GRANULATED (DRIED GARLIC). SPICE.CHILI POWDER. MILD- 6# JUG (CHILI PEPPER AND OTHER SPICES, SALT, CUMIN, DRIED GARLIC). SPICE,PEPPER.BLACK RESTAURANT GRIND (BLACK PEPPER).</p>	None
Tortillas	<p>WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (SOYBEAN OIL, CORN OIL, AND/OR CANOLA OIL), SUGAR, HONEY, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, POTASSIUM SORBATE (A PRESERVATIVE), MONO AND DIGLYCERIDES, FUMARIC ACID, CALCIUM PROPIONATE (A PRESERVATIVE), SALT, MAY CONTAIN DOUGH CONDITIONER (SODIUM METABISULFITE).</p>	Wheat, Gluten, and Soy
Tortilla Chips	<p>Corn Tortilla Chips (WHOLE GRAIN CORN, WATER, VEGETABLE OIL (COTTONSEED, CORN, AND OR SUNFLOWER), SALT.)</p>	None
Turkey Burger	<p>Patty,Turkey,4 Oz.,Frozen (TURKEY, WOODFIRE GRILL SEASONING [SALT, ONION POWDER, MALTODEXTRIN, SPICE, GRILL FLAVOR (FROM SUNFLOWER OIL)], NATURAL FLAVORING.)</p>	None

Whole Grain Bosco Sticks	<p>Bosco Sticks,Whole Grain,2 Oz. (FLOUR BLEND [WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID)], WATER, GOLDEN BROWN SUGAR (SUGAR, MOLASSESS), CORN OIL, SALT, YEAST, SORBITAN MONOSTEARATE, CHEESES: MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), REDUCED FAT/REDUCED SODIUM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, CHEESE CULTURE, SALT, POTASSIUM CHOLORIDE, NATURAL FLAVORS, ANNATTO, VITAMIN A PALMITATE, ENZYMES).</p>	Gluten, Milk, Wheat
Whole Grain Breadsticks	<p>Breadstick,Whole Grain,1 Oz.(WHEAT FLOUR [WHOLE WHEAT FLOUR, WHEAT FLOUR ENRICHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID)], WATER, YEAST, SALT, SOYBEAN OIL, DOUGH CONDITIONER (WHEAT FLOUR, ASCORBIC ACID, ENZYMES), VINEGAR, SUGAR, GRANULATED GARLIC, SPICES.)</p>	Gluten, Soy, Wheat
Whole Grain Cornbread Poppers	<p>WHOLE WHEAT FLOUR AND WHOLE GRAIN CORN FLOUR BLEND (WHOLE WHEAT FLOUR, WHOLE GRAIN CORN FLOUR), WATER, ENRICHED UNBLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, SUGAR, CONTAINS LESS THAN 2% OF THE FOLLOWING: DEGERMED YELLOW CORN MEAL, SOYBEAN OIL, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), EGG YOLKS, DEFATTED SOY FLOUR, WHEAT STARCH, NATURAL AND ARTIFICIAL FLAVOR, NATURAL FLAVOR, MODIFIED WHEAT STARCH, SKIM MILK, POTATO FLOUR, MALTODEXTRIN, SALT, MONOGLYCERIDES, PROPYLENE GLYCOL MONO AND DIESTERS OF FATS AND FATTY ACIDS, SODIUM STEAROYL LACTYLATE, SODIUM CASEINATE (A MILK DERIVATIVE), DATEM.</p>	Gluten, Wheat, Soy, Milk, & Eggs



(WHOLE GRAIN BREAD: WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, CANOLA OIL, YEAST, SALT, DOUGH CONDITIONER (WHEAT GLUTEN, WHEAT FLOUR, DEACTIVATED YEAST, ENZYMES, ASCORBIC ACID), VITAL WHEAT GLUTEN, BREAD SOFTENER (ENRICHED WHEAT FLOUR, ENZYMES). REDUCED FAT & REDUCED SODIUM AMERICAN PASTEURIZED PROCESS CHEESE: CULTURED SKIM MILK AND MILK, WATER, NONFAT DRY MILK\*, MALTODEXTRIN\*, MODIFIED FOOD STARCH\*, SODIUM CITRATE, POTASSIUM CITRATE, SALT, ANNATTO AND PAPRIKA (COLOR), ENZYMES, VITAMIN A PALMITATE, SORBIC ACID (PRESERVATIVE), SOY LECITHIN (ANTI-STICKING AGENT) \*INGREDIENT NOT IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. LOW MOISTURE PART SKIM MOZZARELLA CHEESE: LOW MOISTURE PART-SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART-SKIM MILK, SALT, ENZYMES), CANOLA OIL.)

Whole Grain Grilled Cheese

Gluten, Milk, Soy, Wheat

**Whole Grain Quesadilla**

CRUIST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]); WATER, ISOLATED SOY PROTEIN, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL CENTARS 2% OR LESS OF WHEAT GLUTEN, POTATOES, DRIED WHOLE EGG, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DRIED GARLIC, MODIFIED FOOD STARCH; FILLING: LOW MOISTURE PART SKIN MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), FULLY COOKED SEASONED CHICKEN BREAST, WITH RIB MEAT (CHICKEN BREAST WITH RIB MEAT, WATER, SALT, SUGAR, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, ROSEMARY, WATER, TOMATO PASTE NOT LESS THAN 28% SOLUBLE SOLIDS), CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, DRIED WHOLE EGG, MALTODEXTRIN, WHEY PROTEIN CONCENTRATE, SPICE, SUGAR, DRIED ONION, SALT. CITRIC ACID, NATURAL FLAVORING (POTASSIUM CHLORIDE, MALTODEXIRIN, AUTOLYZED YEAST EXTRACT. MODIFIED FOOD STARCH, WATER YEAST EXTRACT, DEXTROSE, NATURAL FLAVOR), DRIED GARLIC.

Eggs, Milk, Wheat, Gluten, Soy