

Metcalf Volleyball Camp



- 2016 -

Camp Director:

Nina Chiodo – 6th Grade Volleyball Coach

Amy Champ – 7th Grade Volleyball Coach

Nchiodo29@gmail.com

amygann1029@gmail.com

Ages

Students entering 3rd-8th grade

Features

- Dynamic Stretches
- Skill Development
- Sportsmanship
- Games/Prizes
- T-shirt

Equipment

All players are required to provide their own practice attire and personal items to include kneepads, athletic shoes, and a water bottle.

Location

Thomas Metcalf School Gymnasium

Dates

June 15th - 17th 7th and 8th grade camp

June 18th - 3rd-6th grade camp

Time

7th/8th Grade: 5:00pm-7:45pm

3rd/4th Grade: 9am-12:00pm

5th/6th Grade: 1pm-4:00pm

Grades 3 & 4

-Basic introduction to volleyball. Get to know the sport while learning the basic fundamentals of the game. Not only will you spend the morning learning these skills through drills and games, but you will learn the importance of sportsmanship and working together as a team.

Grades 5 & 6

-Discover the more technical aspects of volleyball fundamentals. In addition to developing basic skills you will learn the ins and outs of the court and positions played. Aspects of communication, sportsmanship, and teamwork will be highlighted as well.

Grades 7 & 8

-In depth training on specific skills. A deeper look into each position that will allow us to help improve players in areas aligned with their individual goals. We will work on the importance of teamwork and communication as well as how it relates to the success of your team and your individual growth as a player.

Please fill out this form to waive any liability as the coaches and players are not to be held responsible if an accident happens before, during, or after the camp.

Any questions call Nina Chiodo at (309) 684-2536 or send an email to the address provided above.

IT never gets easier

YOU just get better



Registration Form

Name _____

Parent _____

Phone # _____ () _____

Alternate contact (for emergency use only)

Name _____

Phone # _____

Grade (Fall 2016): _____

Camp Attending (circle one)

3/4 5/6 7/8

T-shirt Size (circle one):

Youth: M L

Adult: S M L

By signing below, you acknowledge that:

- Metcalf Volleyball Camp may provide first aid in the event of an injury.
- You have adequate insurance protection to cover treatment of injuries while participating in camp.
- Your daughter is physically fit to participate in volleyball according to the family physician.

Parent Signature: _____

Please cut and return this portion with payment of \$40.00(for 7th&8th grade) 15.00(for 3rd-6th grade) by June 1st. Forms may be turned in to the front office before, during or after school (Main office if after school is out of session). Make checks payable to Metcalf Volleyball. Your payment will go directly to camp operations—including staff, t-shirts and equipment.

Thomas Metcalf School

Attn: Nina Chiodo

ISU Campus Box 7000

Normal, IL 61790