Item Name	Ingredient List	Allergens
Apples	FUJI APPLE	None
Appleway's Oatmeal Bar	WHOLE GRAIN BLEND (ROLLED OATS, WHOLE GRAIN WHEAT FLOUR), ENRICHED WHEAT FLOUR, SUGAR, INVERT SYRUP, SOYBEAN OIL, CORN SYRUP, RAISIN PASTE, CANOLA OIL, APPLE PUREE, APPLE JUICE CONCENTRATE, FRUCTOSE, SOY LECITHIN, MOLASSES, SALT, CINNAMON, NATURAL FLAVORS (CONTAINS MILK), APPLE FIBER, BAKING SODA.	Wheat, Gluten, Soy, Milk
Bananas	BANANA	None
BBQ Chicken Sandwich	FAJITA CHICKEN BREAST STRIPS (CHICKEN BREAST MEAT WITH RIB MEAT, WATER, SALT, SPICES, SODIUM PHOSPHATE, TORULA YEAST, SUGAR, DEHYDRATED ONION, DEHYDRATED GARLIC, CARRAGEENAN, MODIFED FOOD STARCH, FOOD STARCH, PEA PROTEIN ISOLATE, MALTODEXTRIN, NATURAL FLAVOR, MALIC ACID), BUN,HAMBURGER,WG,3.5",FROZEN (WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, WHEAT BRAN, WHOLE GRAIN ROLLED OATS, SALT, RYE FLOUR, MOLASSES, BARLEY FLAKES, VINEGAR, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.), SWEET BABY RAYS BBQ SAUCE (HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, TOMATO PASTE, MODIFIED CORN STARCH, CONTAINS LESS THAN 2% OF SALT, PINEAPPLE JUICE CONCENTRATE, NATURAL SMOKE FLAVOR, SPICE, CARAMEL COLOR, MOLASSES, SODIUM BENZOATE (PRESERVATIVE), GARLIC*, MUSTARD FLOUR, CORN SYRUP, SUGAR, TAMARIND, NATURAL FLAVOR, CELERY SEED. *DRIED)	Gluten, Sesame, Soy, Wheat

Beef Taco Meat	GROUND BEEF, TOMATO JUICE FROM CONCENTRATE (WATER, TOMATO CONCENTRATE FROM VINE RIPENED TOMATOES), SALTA, CITRIC ACID, VITAMIN C (ASCORBIC ACID), VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT, CHILI POWDER (CHILI PEPPER, SALT, SPICES, DEHYDRATED GARLIC), ONION POWDER, PAPRIKA (PAPRIKA, SILICON DIOXIDE), OREGANO, SALT, CUMIN, CAYENNE, GRANULATED GARLIC.	None
Black Beans	BLACK BEANS,LOW SODIUM (PREPARED BLACK BEANS, WATER, SALT, AND CALCIUM CHLORIDE (FIRMING AGENT)), WATER (WATER), KOSHER SALT (SALT AND YELLOW PRUSSIATE OF SODA.), SPICE,CUMIN,GROUND-MDL (GROUND CUMIN), SPICE,GARLIC,GRANULATED (DRIED GARLIC), SPICE,PEPPER,WHITE,GROUND (WHITE PEPPER).	None
Breadsticks,Whole Grain	BREADSTICK,WHOLE GRAIN,1 OZ.-MET CC (WHEAT FLOUR [WHOLE WHEAT FLOUR, WHEAT FLOUR ENRICHED (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID)], WATER, YEAST, SALT, SOYBEAN OIL, DOUGH CONDITIONER (WHEAT FLOUR, ASCORBIC ACID, ENZYMES), VINEGAR, SUGAR, GRANULATED GARLIC, SPICES.),	Gluten, Soy, Wheat
Brown Fried Rice	COOKED BROWN RICE (WATER, BROWN RICE), CARROTS, PEAS, CORN, SEASONING BLEND (MALTODEXTRIN, SALT, SOY SAUCE [SOYBEANS, WHEAT, SALT], DRIED GARLIC, POWDERED CELLULOSE, DRIED ONION, MALT EXTRACT, SUGAR, MODIFIED FOOD STARCH, YEAST EXTRACT, SPICES, VINEGAR SOLIDS, CANOLA OIL, LACTIC ACID, TOASTED SESAME OIL), SOYBEAN OIL.	Soy, Gluten, Wheat, Sesame
Cantaloupe	CANTALOUPE	None
Carrots,Steamed,Slices	CARROTS,SLICED,CRINKLE CUT,FROZEN (CARROTS)	None

Cheese Sauce	MILK, EVAPORATED, #10 CAN (MILK, DIPOTASSIUM PHOSPHATE, CARRAGEENAN, VITAMIN D3), SHREDDED CHEESE (CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SALT, CONTAINS LESS THAN 2% OF SODIUM PHOSPHATE, ANNATTO EXTRACT AND APO-CAROTENAL (COLORS), ENZYMES, POWDERED CELLULOSE (ANTICAKING)), WATER, CORNSTARCH, FRANKS HOT SAUCE (AGED CAYENNE RED PEPPER, DISTILLED VINEGAR, WATER, SALT, GARLIC POWDER), SODIUM CITRATE.	Milk
Cheese,Cheddar,Sliced	CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES AND ANNATTO (VEGETABLE COLOR).)	Milk
Chicken & Noodles	CHICKEN,THIGH STRIP,FRESH -MDL (HALAL CHICKEN THIGH STRIP), WATER (WATER), CP ONIONS,YELLOW, 1/4" SMALL DICE, BASE,CHICKEN PASTE (ROASTED CHICKEN, SALT, YEAST EXTRACT, NATURAL FLAVORS, TURMERIC), CHOPPED GARLIC IN WATER,TUB (GARLIC, WATER, ACETIC ACID, CITRIC ACID, SODIUM BENZOATE AND POTASSIUM SORBATE (PRESERVATIVES).), CANOLA OIL (CANOLA OIL), KOSHER SALT (SALT AND YELLOW PRUSSIATE OF SODA.), SPICE,PEPPER,BLACK,RESTAURANT GRIND (BLACK PEPPER), SPICE,THYME,DRY (THYME LEAF)	None

Chicken & Cheese Quesadilla	SOY PROTEIN, VEGETABLE OLL (SOYBEAN AND/OR CANOLA OIL CENTARS 2% OR LESS OF WHEAT GLUTEN, POTATOES, DRIED WHOLE EGG, SALT, BAKING POWDER (SOBIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), DRIED GARLIC, MODIFIED FOOD STARCH; FILLING: LOW MOISTURE PART SKIN MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), FULLY COOKED SEASONED CHICKEN BREAST, WITH RIB MEAT (CHICKEN BREAST WITH RIB MEAT, WATER, SALT, SUGAR, MODIFIED FOOD STARCH, SODIUM PHOSPHATE, ROSEMARY, WATER, TOMATO PASTE NOT LESS THAN 28% SOLUBLE SOLIDS], CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH, DRIED WHOLE EGG, MALTODEXTRIN, WHEY PROTEIN CONCENTRATE, SPICE, SUGAR, DRIED ONION, SALT. CITRIC ACID, NATURAL FLAVORING (POTASSIUM CHLORIDE, MALTODEXIRIN, AUTOLYZED YEAST EXIRACT. MODIFIED FOOD STARCH, WATER YEAST EXTRACT, DEXTROSE, NATURAL FLAVOR), DRIED GARLIC.	Gluten, Wheat, Eggs, Milk, Soy
Chicken Gravy	WATER (WATER), POULTRY GRAVY MIX, LOW-SODIUM (MALTODEXTRIN, CONSTARCH, WHEY, DRIED COOKED MECHANICALLY SEPARATED CHICKEN, MODIFIED CORNSTARCH, HYDROLYZED SOY, CORN, AND WHEAT PROTEINS, 2% OR LESS OF: SOYBEAN OIL, ONION POWDER, XANTHAN GUM, YEAST EXTRACT, DISODIUM INOSINATE AND DISODIUM GUANYLATE, SODIUM CASEINATE (A MILK DERIVATIVE), NATURAL FLAVORS, BETA CAROTENE (COLOR), LACTIC ACID, SPICES, SUGAR, TURMERIC (COLOR), BUTTER FLAVOR (WHEY, ENZYME MODIFIED BUTTER OIL & DEHYDRATED BUTTER, CORN SYRP SOLIDS, SALT, GUAR GUM, ANNATTO & TURMERIC [COLOR]), DEXTROSE, SALT.)	Gluten, Milk, Soy, Wheat

Chicken Patty	CHICKEN,PATTY, BREADED,CN,GFS (CHICKEN BREAST WITH RIB MEAT, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, ZINC OXIDE, NIACINAMIDE, FERROUOS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE [B1], PYRIDOXINE HYDROCHLORIDE [B6], RIBOFLAVIN [B2], AND CYANOCOBALAMIN [B12]), SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: SALT, SODIUM PHOSPHATE, HYDROLYZED CORN PROTEIN, AUTOLYZED YEAST EXTRACT, DEHYDRATED ONION, SPICES, NATURAL FLAVORS, SPICE EXTRACTIVE. BREADED AND BATTERED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF: SALT, MODIFIED FOOD STARCH, EXTRACTIVES OF PAPRIKA AND ANNATTO, SPICES, NATURAL FLAVORS, DEXTROSE, SPICE EXTRACTIVE. SET IN VEGETABLE OIL.)	Gluten, Soy, Wheat
Chicken Strips	CHICKEN STRIP,WG,BRAKEBUSH (MET/CC) (BONELESS CHICKEN BREAST WITH RIB MEAT, WATER, ISOLATED SOY PROTEIN WITH LESS THAN 2% SOY LECITHIN, SEASONING (MODIFIED CORN STARCH, DEHYDRATED GARLIC, DEHYDRATED ONION, MALTODEXTRIN, SALT, SODIUM PHOSPHATES. BREADED WITH WHOLE WHEAT FLOUR, WHOLE GRAIN YELLOW CORN FLOUR, WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BROWN SUGAR, WHEAT GLUTEN, SOYBEAN OIL, SALT, DRIED ONION, DRIED GARLIC, CORN STARCH, POTASSIUM CHLORIDE, SPICES, DRIED YEAST, CITRIC ACID, SUGAR, PAPRIKA EXTRACT (COLOR), TURMERIC EXTRACT (COLOR).	Gluten, Soy, Wheat

Chicken Taco Meat	DICED CHICKEN BREAST (WHITE DICED COOKED CHICKEN MEAT), WATER (WATER), TOMATOES,GROUND PEELED (VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT.), BEEF TACO SEASONING (SPICE,PAPRIKA,GROUND,SMOKED (PAPRIKA, SILICON DIOXIDE (TO PREVENT CAKING)), SPICE,CHILI POWDER,MILD- 6# JUG (CHILI PEPPER, SALT, SPICES, DEHYDRATED GARLIC.), SPICE,ONION POWDER,LARGE JUG (DEHYDRATED ONION), SPICE,GARLIC,GRANULATED (DRIED GARLIC), SPICE,CUMIN,GROUND-MDL (GROUND CUMIN), KOSHER SALT (SALT AND YELLOW PRUSSIATE OF SODA.), SPICE,OREGANO,LEAF (OREGANO), SPICE,PEPPER,CAYENNE (RED PEPPER)	None
Chicken Tikka Masala	CHICKEN STRIPS: CHICKEN LEG MEAT, WATER, ISOLATED SOY PROTEIN (WITH LESS THAN 2% LECITHIN), SEASONING [WATER, SOY SAUCE [WATER, SOYBEANS, SALT, SUGAR, CORN STARCH], SUGAR, MOLASSES, SALT, CONTAINS LESS THAN 2% OF YEAST EXTRACT, MALTODEXTRIN, NATURAL FLAVOR, LACTIC ACID, AND XANTHAN GUM], SEASONING (SUGAR, BLACK PEPPER, GROUND MUSTARD SEED, GROUND CELERY SEED, GARLIC POWDER, FRUCTOSE, XANTHAN GUM, THYME, BASIL, MALTODEXTRIN, AUTOLYZED YEAST EXTRACT, SOYBEAN OIL, SALT), SODIUM PHOSPHATES, YEAST EXTRACT. TIKKA MASALA SAUCE: WATER, TOMATO PASTE, HEAVY CREAM, SEA SALT, CUMIN, SPICES, DEHYDRATED GARLIC, SUGAR, YOGURT (CULTURED PASTEURIZED GRADE A COWS AND GOATS MILK, SKIM MILK, CREAM, ACTIVE BACTERIAL CULTURES [BIFIDOBACTERIUM LACTIS, L. ACIDOPHILUS]), DEHYDRATED ONION, CANOLA OIL, LEMON JUICE CONCENTRATE.	Milk, Soy
Chips,Corn,Fritos	FRITOS (CORN, VEGETABLE OIL (CORN AND/OR CANOLA OIL), AND SALT.)	None

Chips,Tortilla,Corn	CORN TORTILLA CHIPS (WHOLE GRAIN CORN, WATER, VEGETABLE OIL (COTTONSEED, CORN, AND OR SUNFLOWER), SALT)	None
Clementines	MANDARIN ORANGES. COATED WITH FOOD-GRADE VEGETABLE BEESWAX, AND/OR LAC-RESIN WAX OR RESIN TO MAINTAIN FRESHNESS.	None
Corn	CORN	None
Cucumber Slices	CUCUMBER	None
French Toast Sticks	FRENCH TOAST STICKS,BATTERED (ENRICHED WHEAT FLOUR (FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, NIACIN, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, SUGAR, SOYBEAN OIL, YEAST, SALT, WHEAT GLUTEN, CALCIUM PROPIONATE (PRESERVATIVE), DATEM, CORN FLOUR, SOY LECITHIN, SPICE & COLORING, MONOCALCIUM PHOSPHATE. EGG BATTER: WHOLE EGGS, SUGAR, WHEY (MILK). CONTAINS 2% OR LESS OF THE FOLLOWING: SALT, NATURAL VANILLA FLAVOR, XANTHAN GUM, CITRIC ACID.)	Eggs, Gluten, Milk, Soy, Wheat
Fresh Baby Carrots	FRESH BABY CARROTS (CARROTS),	None
Fortune Cookie	WHOLE WHEAT FLOUR (51%), ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], SUGAR, WATER, SOY LECITHIN, SOYBEAN OIL AND HYDROGENATED SOYBEAN OIL, NATURAL ORANGE FLAVOR, SODIUM BICARBONATE.	Gluten, Soy, Wheat
Grape Tomatoes	GRAPE TOMATOES	None
Hamburgers	PATTY,BURGER,FULLY COOKED - MDL (BEEF, CONTAINS 2% OR LESS OF: SALT, MALTODEXTRIN, NATURAL EXTRACTIVES OF SPICE, DEXTROSE, NATURAL FLAVORS, SPICE, CITRIC ACID)	None
Honeydew	HONEYDEW	None
Hummus	CLASSIC HUMMUS (COOKED CHICKPEAS (CHICKPEAS, WATER), WATER, OLIVE OIL, SESAME TAHINI, CONTAINS LESS THAN 2% OF LEMON JUICE, SALT, GARLIC PUREE (GARLIC, CITRIC ACID AND ASCORBIC ACID), CITRIC ACID, SPICES.)	Sesame

Jasmine Rice	WHITE JASMINE RICE	None
Jerk Chicken	CANOLA OIL, HALAL CHICKEN THIGH STRIP, SPICES, SALT, SUGAR, DEHYDRATED ONION, RED PEPPER.	None
Ketchup	TOMATO CONCENTRATE FROM RED RIPE TOMATOES, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, SALT, SPICE, ONION POWDER, NATURAL FLAVORING	None
Lasagna	CSC ITALIAN MEAT SAUCE, RICOTTA CHEESE MIXTURE (SUB RECIPE) (RICOTTA CHEESE (MADE FROM SWEET WHEY, WHOLE MILK, SWEET CREAM, CULTURE, VINEGAR AND SALT.)), GRATED PARMESAN CHEESE (PARMESAN CHEESE: (PASTEURIZED PART-SKIM COW'S MILK, CHEESE CULTURES, SALT, ENZYMES), POWDERED CELLULOSE ADDED TO PREVENT CAKING, NATAMYCIN (A NATURAL MOLD INHIBITOR)), DICED MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANTICAKE (POWDERED CELLULOSE)), EGGS, LIQUID (WHOLE EGG, CITRIC ACID, 0.15% WATER ADDED AS CARRIER FOR CITRIC ACID. CITRIC ACID ADDED TO PROTECT COLOR), 2% MILK (REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3), CHOPPED GARLIC (CUT IN HOUSE) (GARLIC CLOVES, PEELED (GARLIC)), KOSHER SALT (SALT AND YELLOW PRUSSIATE OF SODA), BASIL LEAVES, WHOLE, DRIED (BASIL), PARSLEY FLAKES, DRY (PARSLEY), BLACK PEPPER, PASTA, LASAGNA SHEETS (ENRICHED WHEAT FLOUR (DURUM FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, EGGS), DICED MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANTICAKE (POWDERED CELLULOSE)).DICED MOZZARELLA CHEESE (CULTURED PASTEURIZED REDUCED FAT MILK, CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANTICAKE (POWDERED CELLULOSE).),	Eggs, Gluten, Milk, Wheat
Lettuce,Shredded (Romaine Ribbons)	LETTUCE,ROMAINE,RIBBON CUT (ROMAINE LETTUCE)	None

Macaroni & Cheese	2% MILK (REDUCED FAT MILK, VITAMIN A PALMITATE, VITAMIN D3), PASTA, MACARONI, WHOLE WHEAT (PASTA,MACARONI,WHOLE WHEAT - MDL (WHOLE DURUM WHEAT FLOUR, DURUM WHEAT SEMOLINA, DURUM WHEAT FLOUR, NIACIN, IRON (FERROUS SULFATE), THIAMIN MONONITRATE, RIBOFLAVIN, AND FOLIC ACID.), SHREDDED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE).), CHEESE,AMERICAN,SLICED,120 CT (MILK, CREAM, WATER, SODIUM CITRATE, SALT, CHEESE CULTURE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ENZYMES, SOY LECITHIN, COLOR ADDED.), UNSALTED BUTTER (PASTEURIZED CREAM, NATURAL FLAVORINGS), SHREDDED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE).), ALL PURPOSE UNBLEACHED FLOUR (UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID.), KOSHER SALT (SALT AND YELLOW PRUSSIATE OF SODA.), SPICE,MUSTARD,DRY (MUSTARD FLOUR), SPICE,PEPPER,WHITE,GROUND (WHITE PEPPER)	Gluten, Milk, Soy, Wheat
Mandarin Oranges	MANDARIN ORANGES (WHOLE MANDARIN ORANGE SEGMENTS, WATER, PEAR JUICE CONCENTRATE, CITRIC ACID..),	None

Marinara Sauce	Marinara Sauce: Canned Tomatoes (VINE-RIPENED FRESH PEELED GROUND TOMATOES, EXTRA HEAVY TOMATO PUREE, SALT), Tomato Strips in Puree (VINE-RIPENED PEELED TOMATOES, TOMATO JUICE, SALT, CALCIUM CHLORIDE, AND CITRIC ACID), Tomato Puree (VINE RIPENED FRESH TOMATOES, SALT), Water, Yellow Onions, Matchstick Carrots, Granulated Sugar (CANE SUGAR), Roasted Garlic Oil (GARLIC, CANOLA OIL), Garlic, Kosher Salt (SALT AND YELLOW PRUSSIATE OF SODA), Black Pepper (BLACK PEPPER), Oregano Leaves (OREGANO), Ground Bay Leaves (BAY LEAVES)	None
Matchstick Carrots	MATCHSTICK CARROTS (CARROTS)	None
Milk,Skim,Carton	FAT FREE SKIM MILK, VITAMIN A PALMITATE, VITAMIN D3.	Milk
Mini Corn Dogs	CORN DOG,CHICKEN,WHOLE GRAIN,MINI (BATTER: WATER, WHOLE WHEAT FLOUR, WHOLE GRAIN CORN, SUGAR, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), SOY FLOUR, SOYBEAN OIL, SALT, EGG YOLK WITH SODIUM SILICOALUMINATE, ASCORBIC ACID, EGG WHITE, DRIED HONEY, ARTIFICIAL FLAVOR, FRIED IN VEGETABLE OIL. CHICKEN FRANK: MECHANICALLY SEPARATED CHICKEN, WATER, CORN SYRUP SOLIDS, CONTAINS 2% OR LESS OF SALT, SPICES, POTASSIUM LACTATE, POTASSIUM ACETATE, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, FLAVORINGS, SODIUM ERYTHORBATE, SODIUM DIACETATE, SODIUM NITRITE.),	Eggs, Gluten, Soy, Wheat
Mustard	MUSTARD,NUTRITION ONLY,DO NOT ORDER-MET (DISTILLED WHITE VINEGAR, WATER, MUSTARD SEED, SALT, TURMERIC, SPICES.),	None
O'Brien Potatoes	POTATOES, 3/4"CUBED,FROZEN (POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN). CONTAINS 2% OR LESS OF DEXTROSE, SALT, SODIUM ACID PYROPHOSPHATE ADDED TO MAINTAIN COLOR.), CP PEPPERS,GREEN,3/4" LARGE DICE , CP ONIONS,YELLOW,3/4" LARGE DICE, CANOLA OIL (CANOLA OIL)	Soy

Orange Chicken	BREADED CHICKEN: DARK CHICKEN MEAT, WATER, WHOLE WHEAT FLOUR, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF SALT, WHEAT GLUTEN, DRIED WHOLE EGG, DEXTROSE, DRIED GARLIC, DRIED ONION. FRIED IN VEGETABLE OIL. ORANGE SAUCE: SUGAR, VINEGAR, WATER, SOY SAUCE (WATER, MUSHROOM POWDER, CITRIC ACID, XANTHAN GUM, SPICE, DRIED GARLIC.	Soy, Wheat, Gluten, Eggs
Peppers and Onions	CANOLA OIL, RED PEPPERS, GREEN PEPPERS, AND YELLOW ONIONS	None
Peppers, Red Pepper Strips	RED PEPPERS	None
Pineapple	PINEAPPLE	None
Pizza,Cheese	TONY'S CHEESE PIZZA,WHOLE GRAIN,CN (CRUST: FLOUR BLEND (WHITE WHOLE WHEAT FLOUR, ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, DEFATTED SOY FLOUR, YEAST, SOY PROTEIN CONCENTRATE, CONTAINS 2% OR LESS OF: VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), SUGAR, GLUCONO-DELTA-LACTONE, DATEM, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SALT, CORN STARCH, WHEAT STARCH, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE. TOPPINGS: LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES). SAUCE: TOMATOES (WATER, TOMATO PASTE [NOT LESS THAN 28% SOLUBLE SOLIDS]), MODIFIED FOOD STARCH, SUGAR, CONTAINS 2% OR LESS OF: DEXTROSE, SEA SALT, DRIED ONION, SPICE, DEHYDRATED ROMANO CHEESE (CULTURED PASTEURIZED SHEEP'S AND COW'S MILK, SALT, ENZYMES), PAPRIKA, DRIED GARLIC, CITRIC ACID.), CORNMEAL (DEGERMINATED YELLOW CORN MEAL, NIACIN*, REDUCED IRON, THIAMIN MONONITRATE*, RIBOFLAVIN*, FOLIC ACID*. *ONE OF THE B VITAMINS),	Gluten, Milk, Possible Sesame , Soy, Wheat

Ranch	RANCH,NUTRITION ONLY,DO NOT ORDER-MET (SOYBEAN OIL, WATER, RANCH SEASONING & SPICES (SUGAR, BUTTERMILK, SPICES [INCLUDES MUSTARD], DEHYDRATED GARLIC, MONOSODIUM GLUTAMATE, DEHYDRATED ONION, XANTHAN GUM, NATURAL & ARTIFICIAL FLAVORS [INCLUDES SOYBEAN], FOOD STARCH-MODIFIED, DISODIUM PHOSPHATE, DISODIUM INOSINATE AND GUANYLATE), EGG YOLKS, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF SALT, PHOSPHORIC ACID, SORBIC ACID (A PRESERVATIVE), CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR.)	Eggs, Milk, Soy
Red Grapes	RED SEEDLESS GRAPES	None
Refried Beans-Metcalf	WATER (WATER), BEANS,REFRIED,VEGETARIAN,DEHYDRATED (PINTO BEANS, SALT, PALM OIL),	None
Rice, Brown	BROWN RICE (BROWN RICE), WATER (WATER)	None
Roll, Whole Wheat Dinner	ROLL,DINNER,WHOLE-GRAIN,FROZEN (WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, YEAST, EGGS, SOYBEAN OIL, BUTTER (SALTED), WHEAT GLUTEN, SALT, ASCORBIC ACID, ENZYMES, SODIUM STEAROYL LACTYLATE.),	Eggs, Gluten, Milk, Soy, Wheat
Salad	ROMAINE LETTUCE, CARROTS, GRAPE TOMATOES	None
Salsa	TOMATO PUREE (WATER, TOMATO PASTE FROM VINE-RIPENED TOMATOES), DICED TOMATOES IN TOMATO JUICE, JALAPENOS, DISTILLED VINEGAR, CONTAINS LESS THAN 2% OF: NATURAL FLAVOR, DEHYDRATED ONION, SALT, DEHYDRATED GARLIC, SPICES.-	None
Shredded Cheddar Cheese	SHREDDED CHEDDAR CHEESE (CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, COLOR ADDED), ANTICAKE (POTATO STARCH, POWDERED CELLULOSE).	Milk
Sliced Pears	SLICED PEARS (PEARS, WATER, PEAR JUICE FROM CONCENTRATE.)	None

Smiley Fries	POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: CANOLA, SOYBEAN, COTTONSEED, SUNFLOWER, CORN), DEHYDRATED POTATO FLAKES (POTATOES, MONO- AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE (TO MAINTAIN COLOR), CITRIC ACID (TO MAINTAIN FRESHNESS)). CONTAINS 2% OR LESS OF DEXTROSE, MODIFIED CELLULOSE, NATURAL FLAVORS, POTASSIUM CHLORIDE, POTATO STARCH-MODIFIED, SALT, SODIUM ACID PYROPHOSPATE ADDED TO MAINTAIN COLOR.	Soy
Soft Tortilla Shell	TORTILLA,FLOUR,ULTRAGRAIN,6",REFRIGERATE (WHOLE WHEAT FLOUR, WATER, BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (CONTAINS ONE OR MORE OF THE FOLLOWING OILS: SOYBEAN OIL AN/OR CORN OIL, AND/OR CANOLA OIL, AND/OR PALM OIL)), SUGAR, HONEY, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, POTASSIUM SORBATE (A PRESERVATIVE), MONO AND DIGLYCERIDES, FUMARIC ACID, CALCIUM PROPIONATE (A PRESERVATIVE), SALT, DOUGH CONDITIONER (SODIUM METABISULFITE).	Gluten, Soy, Wheat
Steamed Broccoli Florets	BROCCOLI FLORETTES	None
Steamed Cauliflower	CAULIFLOWER FLORETTES	None
Strawberries	STRAWBERRIES	None
Strawberry Banana Yogurt	STRAWBERRY BANANA YOGURT (CULTURED GRADE A LOW FAT MILK, SUGAR, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, BANANA PUREE, CONTAINS 1% OR LESS OF: KOSHER GELATIN, CORN STARCH, PECTIN, CARMINE (FOR COLOR), NATURAL FLAVOR, VITAMIN A ACETATE, VITAMIN D3 CONTAINS MILK INGREDIENTS)	Gelatin, Milk

Sweet Potato Tots	POTATOES,SWEET,TATER PUFFS (SWEET POTATOES, SUGAR, CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: HIGH OLEIC CANOLA, CANOLA), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), RICE FLOUR, SALT, DEXTRIN, PEA STARCH, NATURAL FLAVOR, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), COLOR (TURMERIC OLEORESIN PAPRIKA), DEXTROSE, XANTHAN GUM)	None
Sweet Potato Waffle Fries	SWEET POTATO WAFFLE FRIES (SWEET POTATOES, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING HIGH OLEIC CANOLA OIL, CONOLA OIL, SUNFLOWER OIL), MODIFIED FOOD STARCH (CORN, TAPIOCA, POTATO), SUGAR, RICE FLOUR, CORN STARCH, DEXTRIN, PEA STARCH, SALT, SPICE, LEAVENING (DISODIUM DIHYDROGEN PYROPHOSPHATE, SODIUM BICARBONATE), OLEORESIN PAPRIKA, XANTHAN GUM),	None
Syrup	PANCAKE SYRUP, 1 GALLON JUG (CORN SYRUP, WATER, PURE MAPLE SYRUP, ARTIFICIAL MAPLE FLAVOR, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES) CARAMEL COLOR.)	None
Tomatoes,Fresh Diced	ROMA TOMATO	None

Turkey Bacon Scramble Breakfast Pizza	CRUST: WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, VEGETABLE OIL (SOYBEAN AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF: WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE, CALCIUM LACTATE), SEA SALT, CORN STARCH, DEFATTED SOY FLOUR, WHEAT STARCH, L-CYSTEINE HYDROCHLORINE AMMONIUM SULFATE, ENZYMES (CONTAINS WHEAT). TOPPINGS: SCRAMBLED EGG (WHOLE EGGS, SKIM MILK, SOYBEAN OIL, CORN STARCH, SALT, XANTHAN GUM, CITRIC ACID), CHEDDAR CHEESE (CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO [COLOR]), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), TURKEY BACON (WHITE TURKEY, MECHANICALLY SEPARATED TURKEY, TURKEY FAT, SALT, SUGAR, WATER, CONTAINS 2% OR LESS NATURAL SMOKE FLAVORING, SMOKE BACON FLAVOR [MALTODEXTRIN, AUTOLYZED YEAST EXTRACT, NATURAL FLAVOR (CONTAINS NATURAL SMOKE FLAVOR), SUGAR, SALT], SODIUM ERYTHORBATE, ROSEMARY EXTRACT, SODIUM NITRITE, VEGETABLE OIL). SAUCE: NONFAT MILK, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: CREAM, SALT, SPICE, SOY LECITHIN.	Eggs, Milk, Gluten, Wheat, Soy
Turkey Sausage Patty	TURKEY, WATER, POTATO STARCH, DEXTROSE, SUGAR, SALT, POTASSIUM CHLORIDE, SPICES.	None
Watermelon	WATERMELON	None

Whole Grain Bosco Sticks	BOSCO STICKS,WHOLE GRAIN,2 OZ. (FLOUR BLEND [WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, ENZYME, FOLIC ACID)], WATER, BROWN SUGAR (SUGAR, MOLASSESS), CORN OIL, SALT, INSTANT YEAST (YEAST, SORBITAN MONOSTEARATE), CHEESE FILLING: LOW MOISTURE PART-SKIM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURE, SALT, ENZYMES), REDUCED FAT/REDUCED SODIUM MOZZARELLA CHEESE (PASTEURIZED PART SKIM MILK, NONFAT MILK, MODIFIED FOOD STARCH, CHEESE CULTURE, SALT, POTASSIUM CHOLORIDE, NATURAL FLAVORS, ANNATTO, VITAMIN A PALMITATE, ENZYMES)	Gluten, Milk, Wheat
Whole Grain Cookie	WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE RIBOFLAVIN, FOLIC ACID), SUGAR, CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN [EMULSIFIER], NATURAL FLAVOR, MILK). WATER, INVERT SUGAR, MARGARINE (SOYBEAN OIL, WATER, VEGETABLE MONO- AND DIGLYCERIDES, SALT, CONTAINS LESS THAN 2% OF WHEY SOUDS, SOY LECITHIN, SODIUM BENZOATE PRESERVATIVE]. CITRIC ACID, ARTIFICIAL FLAVOR, BETA CAROTENE (COLOR). VITAMIN A PALMITATE), CONTAINS LESS THAN 2% OF BAKING POWDER (SODIUM BICARBONATE, CORN STARCH, SODIUM ALUMINUM SULFATE, CALCIUM SULFATE, MONOCALCIUM PHOSPHATE), BAKING SODA. EGGS, MOLASSES. NATURAL AND ARTIFICIAL FLAVORS, SALT, SOY LECITHIN, WHEY PROTEIN CONCENTRATE.	Eggs, Milk, Wheat, Gluten, Soy

Whole Grain Grilled Cheese	SANDWICH,GRILLED CHEESE,WHOLE GRAIN (WHOLE GRAIN BREAD: WHOLE WHEAT FLOUR, UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, CANOLA OIL, YEAST, SALT, DOUGH CONDITIONER (WHEAT GLUTEN, WHEAT FLOUR, DEACTIVATED YEAST, ENZYMES, ASCORBIC ACID), VITAL WHEAT GLUTEN, BREAD SOFTENER (ENRICHED WHEAT FLOUR, ENZYMES). REDUCED FAT & REDUCED SODIUM AMERICAN PASTEURIZED PROCESS CHEESE: CULTURED SKIM MILK AND MILK, WATER, NONFAT DRY MILK*, MALTODEXTRIN*, MODIFIED FOOD STARCH*, SODIUM CITRATE, POTASSIUM CITRATE, SALT, ANNATTO AND PAPRIKA (COLOR), ENZYMES, VITAMIN A PALMITATE, SORBIC ACID (PRESERVATIVE), SOY LECITHIN (ANTI-STICKING AGENT) *INGREDIENT NOT IN REGULAR PASTEURIZED PROCESS AMERICAN CHEESE. LOW MOISTURE PART SKIM MOZZARELLA CHEESE: LOW MOISTURE PART-SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART-SKIM MILK, SALT, ENZYMES), CANOLA OIL.)	Gluten, Milk, Soy, Wheat
Whole Grain Hamburger Bun	BUN,HAMBURGER,WG,3.5",FROZEN (WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR [UNBLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), NIACIN (VITAMIN B3), FOLIC ACID], WATER, SUGAR, YEAST, WHEAT GLUTEN, SOYBEAN OIL, WHEAT BRAN, WHOLE GRAIN ROLLED OATS, SALT, RYE FLOUR, MOLASSES, BARLEY FLAKES, VINEGAR, MONOGLYCERIDES, CALCIUM PROPIONATE (A PRESERVATIVE), SODIUM STEAROYL LACTYLATE, CALCIUM SULFATE, CALCIUM PHOSPHATE, ASCORBIC ACID, SESAME.)	Gluten, Sesame, Soy, Wheat

Whole Grain Naan	WHOLE WHEAT FLOUR, WATER, UNBLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN AND FOLIC ACID), SOYBEAN OIL, YEAST, SUGAR, SALT, DOUGH CONDITIONER (WHEAT FLOUR, MALTED BARLEY FLOUR, ASCORBIC ACID, ENZYMES), SOY FIBER, CALCIUM PROPIONATE (AS A PRESERVATIVE).	Gluten, Wheat, Soy